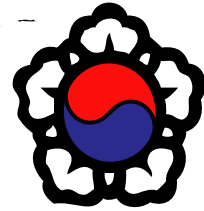


WICHTIGE HAPKIDO STELLUNGEN

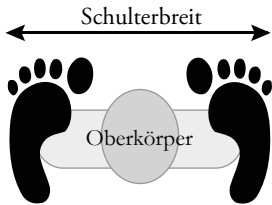
www.hap-ki-do-info

합기도 자세



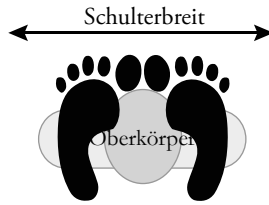
ACHTUNG-STELLUNGEN

Narani-Sogi



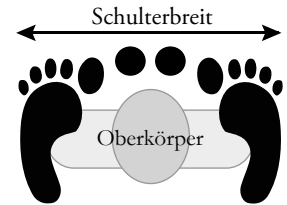
Parallelstellung

Moa-Sogi



Geschlossene Stellung

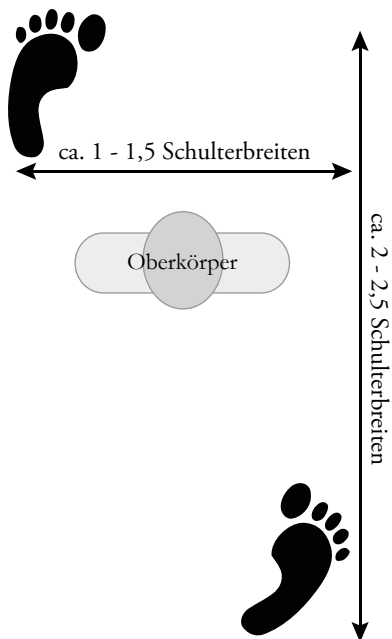
Junbi-Sogi



Vorbereitungsstellung

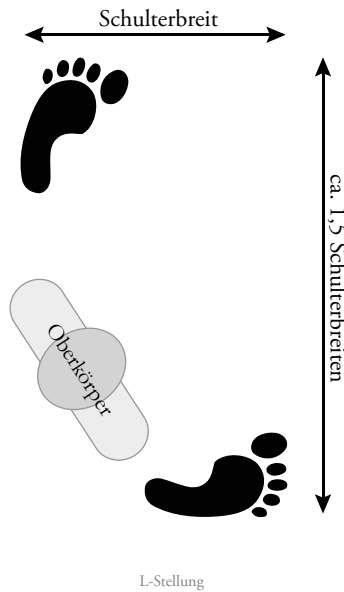
KAMPFSTELLUNGEN

Ap-Gubi



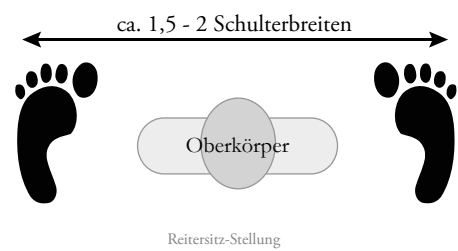
Vorwärts-Beugstellung / Lange-Vorwärtsstellung

Dwit-Gubi



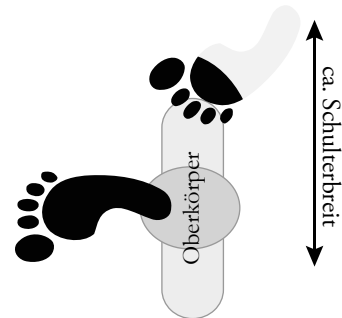
L-Stellung

Kima-Sogi



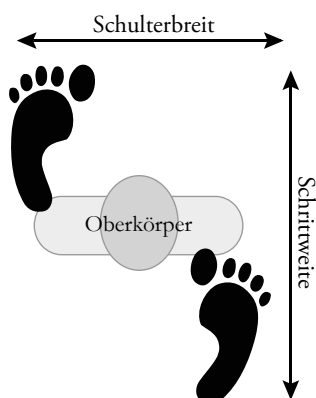
Reitersitz-Stellung

Koa-Sogi



Überkreuz(gekreuzte)-Stellung

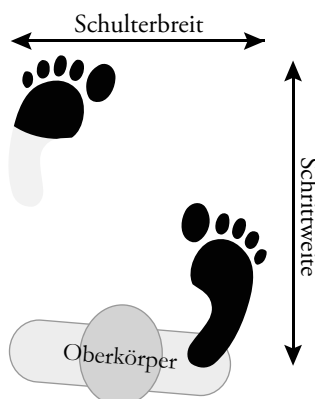
Ap-Sogi



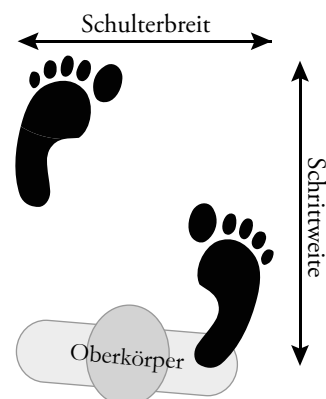
Vorwärts-Schrittstellung

Bom-Sogi

Variante 1



Variante 2



Tigerstellung